

Helping people find purpose in Jesus through genuine relationships.



RENEWING YOUR MIND: STRENGTH FOR THE WEARY SOUL

What do you do when the road feels long and the weight feels heavy? How do we keep going when the world doesn't seem to be getting better, when the challenges keep coming, and our own strength begins to fade? This week we'll turn to **the well-loved promise of Isaiah 40:27–31** and rediscover the God who meets weary people with renewing strength. As we place these powerful words back into their original context—and into the realities of our own lives—we'll explore how God sustains us for the long journey of faith. Join us at 9:00AM or 10:45AM in our Sanctuary as we learn where true strength is found. If you are not able to meet with us in person, please check out Westminster online at wpcmedford.com or on our Facebook page.

BRING BACK SUNDAY SNACKS!

We **only need 3 more volunteers** to bring back our Sunday Fellowship snacks! We're asking for a simple commitment of once a month, helping with clean-up from 12:15PM to 1:30PM. If you miss delicious food at our fellowship time, we'd love your help to make it happen again. Please **contact Rosa Romano at serve@wpc.com** to volunteer.



RENEWING YOUR MIND
Mental Health Workshops

INVITE A
FRIEND
& RSVP HERE

RSVP by scanning the QR
Code, or email
dereck@wpcmedford.com
with dates & childcare info



MAR
15

How to Endure Emotionally
by Kacy Mullen, PhD, LCP

MAR
22

Toolkit for Parenting & Developing Others
by Kacy Mullen, PhD, LCP

MAR
29

Truth and Grace Boundaries
by Heather Siewell, QMHP

ALL WORKSHOPS ARE 12:15-2PM
at Westminster Presbyterian Church

**Lunch and childcare available for ages up to 10 available with
required RSVP. Walk-ins welcome for workshops only.**

THE YELLOW HOUSE

Our partners at Westside Compassionate Ministries are in need of volunteers for their Bible Club at Washington Elementary on Tuesdays at 10:40AM to 12:20PM from now until the last week of April. This role primarily involves help with classroom management, connections with kids, and some light clean up. It is a great way to help kids hear the Good News of Jesus and get caught up in His redemptive story of the Bible! **If interested, please contact the director, Brandon Ginther at westsideministry@gmail.com**




Men's Breakfast
 8:00am this Saturday,
 March 14, 2026
 Black Bear Diner
Guest Speaker: Aron Rono
 Tickets \$10 each
 For more information,
 email Jim Coli at
jimcolimedford@gmail.com
 or call 541-779-0337



MIDDLE & HIGH SCHOOL STUDENTS

Join us on Sat., March 28 from 3PM to 5PM for a guided painting class led by a professional at Art 4 Joy 4934 Crater Lake Ave, Medford, OR 97504 (Inside Tack it up Boutique.) All students will be guided through the same painting, and each student will get to keep their work to take home. It has a maximum of 10 painters, so first come first serve. Complete the RSVP on QR Code or webpage. **Tickets are half-price, so reserve them while you can!** Since we may have to turn people away due to the maximum number of painters, please notify Dereck if you no longer are able to keep your reservation.



**YOUTH GROUP
 PAINTING
 CLASS**
 SAT. MARCH 28TH @ 3-5P
 @ ART 4 JOY
 4934 CRATER LAKE AVE

